

Examination of Conscience for Young People



- Did I pay attention at Mass?
- Have I fooled around in Church?
- Did I say mean things to my mom or dad?
- Did I always say "Thank You" to people?
- Am I hard to get along with? (during school, at Grandma's, at home)
- Did I do what my mom and dad told me to do? my teacher?
- Was I lazy around the house?
- Did I do my chores?
- Did I hurt others people's feelings by calling them bad names? Or talking about them behind their back?
- Have I started fights with my brothers and sisters at home?
- Have I blamed other people for things I do?
- Did I get other people into trouble?
- Do I hit people when I get mad?
- Have I forgiven people? Or am I holding a grudge?
- Have I cheated or been unfair in games?
- Did I refuse to play with someone for no good reason?
- Was I was lazy about my schoolwork?
- Did I fail to do my homework?
- Did I cheat in school?
- How many times did I lie to my parents?
- How many times did I lie to my teachers?
- How many times did I lie to my friends?
- Did I take anything that didn't belong to me?
- Have I destroyed anyone's property by drawing on it or doing something else to ruin or hurt it?
- Have I stolen anything from my parents, friends or people I don't know?
- Do I remember to pray and talk to God each day?

- Did I refuse to share when it was my turn?

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- Do I remember to pray and talk to God each day?
- Did I refuse to share when it was my turn?